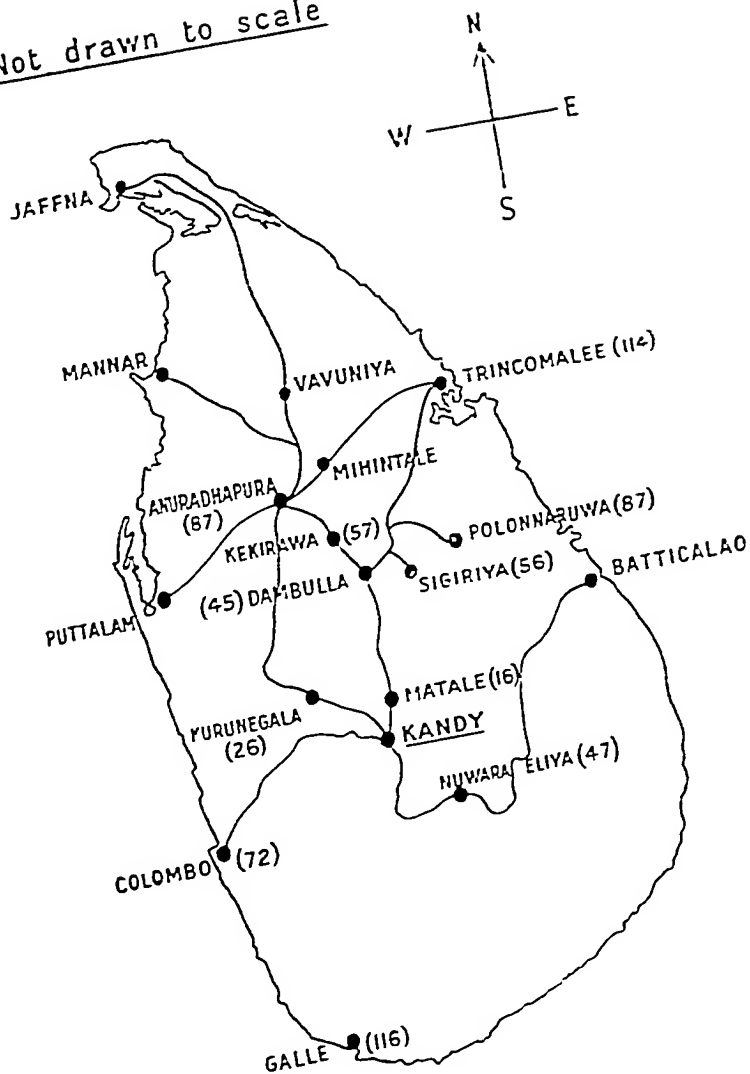


AN ILLUSTRATED GUIDE
TO THE BURIED CITIES OF CEYLON

Not drawn to scale



MAP OF CEYLON
Shewing positions of places mentioned
in Guide Book
Numbers denote Miles from KANDY

AN ILLUSTRATED GUIDE
TO THE BURIED CITIES
OF CEYLON

by
MRS R JONES-BATEMAN

QUEEN'S HOTEL, KANDY

(KANDY HOTELS CO LTD)

All rights reserved

Made and Printed in Great Britain by
Butler & Tanner Ltd , Frome and London

CONTENTS

	PAGE
PREFACE	9
THE BURILD CHILLS	13
ANURADHAPURA	20
RUINS ON THE OUTER CIRCULAR ROAD	29
RUINS BELOW TISSA-WEWA	36
MIHINTALE	41
POLONNARUWA	46
RUINS IN THE QUADRANGLE	50
RUINS IN THE LANKATILLAKE SECTION	53
RUINS IN THE NORTHERN TEMPLE SECTION	55
SIGIRIYA THE LION ROCK	57
THE ROCK TEMPLE OF DAMBULLA	61
ALUWIHARE	63
KALAWEWA	64

LIST OF ILLUSTRATIONS

	FACING PAGE
Guard Stones and Steps near Basawakulam, Anuradhapura	13
Carved Elephants at Issurumuniya, Anuradhapura	16
Ruwanveli Dagaba (Maha Thupa), 1931, Anuradhapura	23
Thuparama Dagaba, Anuradhapura	26
Carved Stelæ, Jetawanarama (Eastern) Dagaba, Anuradhapura	30
Abhavagiri (Northern Dagaba), Anuradhapura	32
Guard Stone, Ratanapāsāda, Anuradhapura	34
Issurumuniya, Rock Temple and Dagaba, Anuradhapura	37
Western Altar, Mirisveti Dagaba, Anuradhapura	38
The Quadrangle from the Thuparama, Polonnaruwa	50
Flower Altar, the Quadrangle, Polonnaruwa	52
Sigiriya The Rock from the Tank	59
	PAGE
Queen's Hotel Main Entrance	1
A Panoramic View of Kandy	11

LIST OF ILLUSTRATIONS

	PAGE
Queen's Hotel	
Week-ends at the Queen's are one of m. vices "	11
The Drawing-room	11
A Corner of a Private Sitting-room	
A Doubled-bedded Room	11
The Dining-room	VII
The Ball-room .	VII
The Reading-room	IX
A Corner of the Saloon Bar	X
Palms in Peradeniya Gardens Kandy	XI
A Group of Kandyan Dancers	XI
The Golf Links. Kandy	XII

MAPS

	FACING PAGE
Map of Ceylon	<i>Frontispiece</i>
Chief Ruins of Anuradhapura	12
Chief Ruins of Polonnaruwa	26

PREFACE.

CALCUTTA is becoming increasingly popular with tourists, and many of our very welcome visitors endeavor to see something of the Buried Cities. The site is amid the jungles of the northern plain—somewhat removed from the civilization of Colombo and Kandy. The result of a hurried visit is invariably a bad attack of antique indigestion. This small guide to the ruins is intended to give the traveller an opportunity of acquiring the main historical and archaeological facts at his leisure.

For the greater part of the year the climate of the Buried Cities is uncomfortably hot. The rainfall of Anuradhapura is some fifty inches per annum, but most of this falls during the north-east monsoon between October and January. Known locally as the fever season. The latter half of January is the best time for a visit. The climate is then cool, the tanks are full of water, and the old excavations have a fitting setting amid the greenery of the paddyland. The great rain trees spread a generous shade, and paddy fields and palm groves are full of life. From the end

PREFACE

of January there is a crescendo of heat. It is a dry heat, not as trying as the damp heat of Colombo, but even the acclimatised find it difficult to muster much energy wherewith to climb dagabas. There is 'some soul of goodness' in this evil, for we owe the preservation of the ruins to the lack of humidity in the atmosphere.

The visitor will need good sun-glasses and a topee or double terai which has utilitarian rather than ornamental features. Strong walking-shoes are essential, and the female will be well advised to abandon sleeveless frocks for the time being. Malaria has played no small part in the history of the Sinhalese, and shares with Tamil invaders from Southern India the responsibility for the abandonment of the cities of the plains. The anopheles mosquito continues to flourish in spite of an intensive anti-malarial campaign, and five grains of quinine every day or so is advisable, if not essential. Drinking-water north of Matale unless boiled and filtered should be avoided. It can be improved for ablutionary purposes by the addition of a few drops of Scrubb's Ammonia which is a most effective weapon for dealing with insect bites.

Anuradhapura boasts an excellent hotel well equipped and most efficiently run. At Polonnaruwa and Sigiriya the visitor perforce seeks accommodation in the Rest House. This is a Government institution with the requisite furni-

PREFACE

ture, crockery, and linen. The last-named commodity was bought for durability, and the fastidious should take their own. Beds, of course, are occupied by all and sundry. On circuit in my husband's old jungle district north of Anuradhapura I once attempted to occupy a bed in a very primitive Rest House. It was found on inspection to contain a goat. Under this quadruped were three hens' eggs, and needless to say the population did not end at that. Let me hasten to state that the beds at the Rest Houses on the beaten track are reasonably clean and comfortable. The Rest House keeper is supposed to supply necessary meals, and when he happens to be anything of a shikari his larder will contain fresh meat and game. Fruit, of course, grows everywhere, and fish from the village tank is by no means to be despised.

Photographers will find the atmosphere of the Buried Cities difficult. There is plenty of sunlight, but the best results are obtained when there is a minimum of shadow, which is unfortunately the hottest time of day. Negatives are apt to be fogged for no apparent reason, and after some years' experience with a camera among the ruins I have come to the conclusion that one must sacrifice comfort for clear-cut negatives.

It remains but to state the sources from which the materials of this book have been derived. Chief among these is the old Buddhist chronicle,

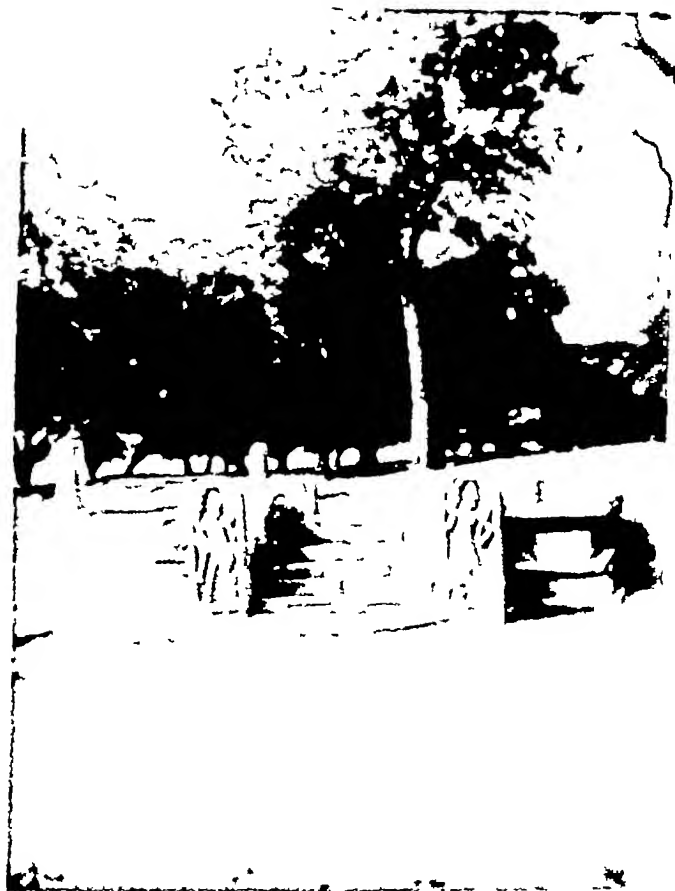
PREFACE

the Mahawansa, and its sequel, the Cūlamvamsa. This history of the great kings of the Lion Race was written in Pali in the 5th century A.D. by a monk Mahanama, "for the serene joy and emotion of the pious." Quotations, unless otherwise stated, are from Geiger's translation. Parker's *Ancient Ceylon* has been invaluable in the matter of history and construction, and I can recommend Smither's *Architectural Survey of the Ruins of Anuradhapura* to those interested in details of carving. Dates at the very early period are of necessity almost a matter of conjecture. They are further complicated by the effort of Mahanama to make the landing of the first Sinhalese, Vijaya, coincide with the year of Buddha's death. Mr. Codrington in his excellent *Short History of Ceylon* has reduced things to some kind of chronological order, and I have followed such an expert with no misgivings.

I am greatly indebted to my husband and many friends who have suffered so much from my "bump of antiquity." Finally, much is due to that eminent scholar Dr. Andreas Nell, under whose expert guidance I first trod the paths of archæology. His gift of a Madara stick and a vaedda charm wherewith to ward off the attacks of wild elephants and snake-bite has no doubt made the rifles of my companions unnecessary.

DOROTHY JONES-BATEMAN

KANDY, 1932



GUARD STONES AND THE SEAL IN AVALI LUKU
ASUPADIALUPA

THE BURIED CITY

THE history of the Sinhalese in Ceylon begins with the coming of Vijaya in the 6th century B.C. His grandmother, a princess of Bengal, ran away from home and mated with a lion (*simha*)—hence we have the Sinhalese or Lion Race. Vijaya conquered the island aided by Kuwem, a Yakkham, one of the original inhabitants. Discarded by Vijaya, she and her two children wander into the interior. Kuwem is slain by her relatives and the children find refuge in the Adams Peak district to become the ancestors of the Veddhis. This primitive people still exists in rapidly decreasing numbers in the more remote jungles of Ceylon.

In the early part of the 5th century B.C. the grandson of Vijaya's nephew takes over the town of Anuradha, his great-uncle, and makes it the capital. "Since it had served as dwelling for two Anuradhas it was called Anuradhapura, and also because it was founded under the constellation Anuradha." The town was then of some size, for we read that five hundred low-caste *chandalas* were required to clean the streets. This

THE BURIED CITIES OF CEYLON

first king of Anuradhapura, Pandukhabhaya, built the Abhaya-wewa or Basawal-kulam and settled the Yakkhas as well as his Sinhalese in the capital. Dēvānampiva-Tissa reigned 247-207 B C., and in 245 B C Mahinda son of the Emperor Asoka, came from India and converted the Sinhalese to Buddhism. The ruins of Anuradhapura are for the most part ecclesiastical in character, and represent the efforts of succeeding kings to glorify the gentle faith by building monasteries for the priesthood and shrines for the sacred relics of the Buddha. In the 5th century A D the parricide Kassapa moved the capital to the wonder fortress of Sīgiriya, but with this one exception Anuradhapura was the seat of government for some twelve centuries. It saw the Sinhalese race in its prime. Great heroes adorned the historic page, and the legacy they left of the great irrigation works and mighty dagabas tell of a civilisation of which any race would be proud.

In the 8th century A D the capital was moved farther inland to Polonnaruwa. Repeated invasions by hordes of treasure-seeking Tamils from Southern India, and the ravages of malaria had gradually undermined the strength of the Lion Race, until it could no longer defend its ancient city of the plains. But one great figure appeared to stem the tide of ruin and decay. Parākrama Bahu the Great in the 12th century A D managed to unite the island under one ruler and ever

carried the Sinhalese arms with success to India and Pegu. The Sinhalese kings married often with the royal house of Madura—hence in time they became more Tamil than Sinhalese. Polonnaruwa was the creation of Parakrama Bahu I and his immediate successors, and the ruins express in no uncertain terms their mixed ancestry and their attempt to glorify both the Hindu and Buddhist faiths. To quote Major Henriquez in his *Ceylon Past and Present*:

Amradhipura is the expression of an exuberant culture in the vigour of youth, while Polonnaruwa is the last effort of its decay. Amradhipura is essentially Buddhist and Sinhalese. Polonnaruwa is the work of hired foreign architects—and Hindu architects at that.

In A.D. 1310 Polonnaruwa in its turn was finally abandoned for Yapahuwa, Dambadeniya, and the security of the hills. The ancient capitals were left to the invader and the jungle. Vegetation covered the shrines, and until last century, when the British began the work of restoration, the great tanks were in disrepair and the dagabas the home of bear and leopard. The Archaeological Department has more than justified its existence and still has extensive reserves. Much of the work taken over by the Sinhalese themselves can best be described as merciless. The addition of cheap metal lamps and modern drain-

THE BURIED CITIES OF CEYLON

pipes has not improved the shrines of Anuradhapura, and one can but blush for these products of Western utility in such a setting.

A word or so of explanation of the chief features of the ruins may be advisable here.

TANKS

Beyond Dambulla, some fifty miles north of Kandy, the traveller will notice many lotus-covered lakes of great beauty. These we designate with the dreadful name of "tank." Sinhalese *tanu*: Tamil, *talar*. Since the rainfall of the northern plains is concentrated within the four months October to January, it is necessary to store the precious water for the remainder of the year. A bund or bank of earth is thrown across a valley, which thus collects the water from the neighbouring higher land. The supply for irrigation and domestic purposes is controlled by sluices and spills at a lower level than the bunds allow for the escape of surplus water in time of flood. On the security of the tank depends the welfare of the village, for shortage of water means less for cultivation purposes and thus less food. Many of the great tanks of Anuradhapura have bunds several miles in length and cover an area of thousands of acres. Much of the water in the town still comes by a five-mile channel from the great reservoir of Kalawewa which is well worth a short detour of



CARVED ELEPHANTS AT ISSURUMUNIYA, ANURADHAPURA

THE BURIED CITIES

twelve miles as the visitor passes through the village of Keknawa

DAGABAS

A dagaba or thupa is a bell-shaped mound of brick and earth sometimes poised on three cylindrical basal ledges, intended for the perambulations of the pious. The dome is surmounted with a square brick tee ornamented with the sun and other demon scarecrows in relief. Above this tee rises a tapering spire from a cylindrical base topped by a gilded finial. The dagaba is usually surrounded by a paved courtyard within a retaining wall. In the courtyard may be a relic house, statues of the Buddha or of kings, flower altars, a Bo-tree and, as at the Thuparama in Anuradhapura, sundry rows of concentric pillars whose function has been a matter of controversy between archaeologists. In the upper part of the dome of the dagaba is a chamber containing a relic of the Buddha or some other saint. The whole of the fabric was plastered and whitened with *chunam*, and the shimmering white and gold mass, often two or three hundred feet in height, was a wonderful sight against the clear blue of the tropic sky.

VIHARE

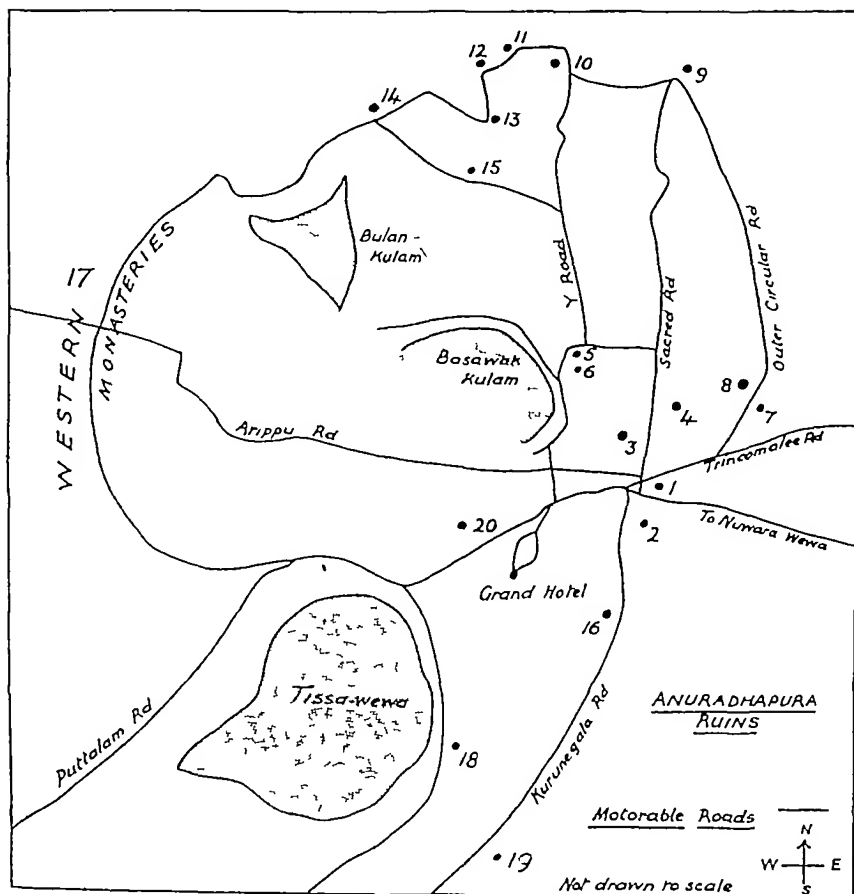
Great areas of the Buried Cities were covered with monasteries or *vihares*. The city of Anurad-

THE BURIED CITIES OF CEYLON

hapura was overrun by the yellow robes of the priesthood, and everywhere one comes across remains of their dwelling-places. Mahinda and his disciples lived the life of ascetics in the caves of Mihintale, but, as the priesthood increased, great buildings arose within Anuradhapura. A moonstone and guard stones form part of the entrance. The former is a semi-circular stone doorstep carved with auspicious beasts such as lions, bulls, elephants, etc. The guard stones stand on each side of the steps and usually carry the figure of a naga, also a protector from evil. The stelæ at the side of these naga stones are often of great beauty.

THE CHIEF RUINS OF ANURADHAPURA

- | | |
|----------------------------------|-----------------------------------|
| 1 Brazen Palace | 11 Queen's Pavilion |
| 2 Bo-tree | 12 Ratanapāsāda |
| 3 Ruwanwelī Dagaba (Maha Thupa) | 13 Stone Canoe |
| 4 Selacetiya | 14 Duttha Gamini's Tomb |
| 5 Thuparama Dagaba | 15 Lankarama Dagaba |
| 6 Tooth Temple (Smithers) | 16 Dakkhinī Vihāra (Elara's Tomb) |
| 7 Buddhist Railing | 17 Western Monasteries |
| 8 Jetavanarama Dagaba (Eastern) | 18 Issurumuniya |
| 9 Twin Ponds (Kuttam Pokunas) | 19 Vessagiri |
| 10 Abhaya-giri Dagaba (Northern) | 20 Miriseti Dagaba |

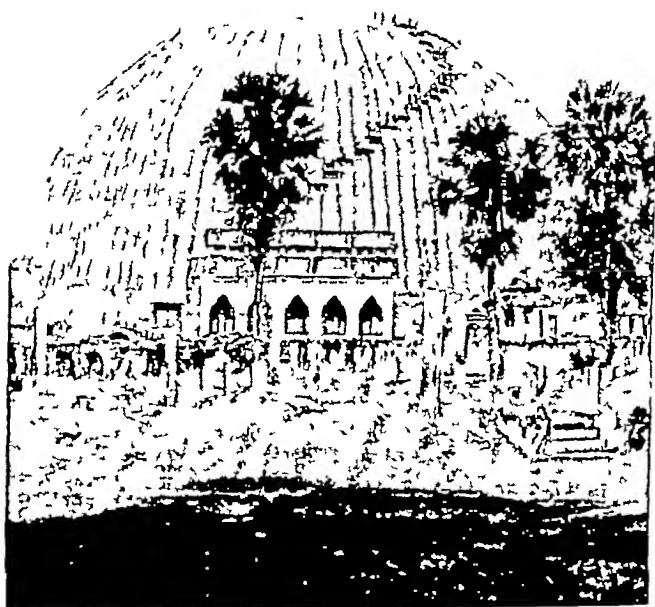


ANURADHAPURA

ANURADHAPURA holds pride of place among the Buried Cities. Anachronisms of the 20th century such as modern bungalows and Government offices detract somewhat from the ancient atmosphere, but they have a utilitarian value much appreciated by the residents. The ruins are everywhere, and a king's bath sits in juxtaposition to the bazaar. From the hotel with its comforts of fans and electric light a short drive through the main street brings the traveller to a mass of sixteen hundred stone monoliths, which are all that remain of the Lohapasada or Brazen Palace. Brazen Palace, built by King Duttha Gamini, who reigned in the 1st or 2nd century B C. The design, drawn with red arsenic on linen, was copied from a palace in the heavens and brought to the king by some pious monks. The roof was of copper, and the nine-storied building contained a thousand rooms. A throne of ivory, with the sun inlaid in gold, the moon in silver, and the stars in pearls, adorned the central hall. Silver bells hung in festoons from the balconies, and all the vessels were of gold. In

THE BURIED CITIES OF CEYLON

The Sacred Road leads past the Ruwanwel Dagaba, built by Duttha Gamini. The life of Duttha Gamini, this king is so intermingled with the great ruins of Anuradhapura that a few historical facts about him may be of interest. Gamini Abhaya was born in the south of the island. The so-called King's Country, of which Anuradhapura was the centre, was in the hands of the Tamil invaders, ruled by one Elara, whose justice to friend and foe is found worthy of comment even in the Buddhist chronicles. As a lad, Gamini was somewhat unruly. His great desire was to reconquer the kingdom, and when his father refused to allow him to march against the invaders, he sent his cautious parent a piece of female jewellery and earned for himself the prefix of Duttha, the Disobedient. He collected round him a band of heroes and on his father's death began his military career with a successful campaign against his only brother, from whom he captured his famous elephant Kandula. The brothers were reconciled, and Duttha Gamini was free to turn his attention to the Tamils. He met with varying success, but fought his way eventually to the gates of Anuradhapura, where he on Kandula and Elara on another elephant decided the issue in single combat. The Tamil was slain, but the Sinhalese king buried him with honour and made a decree that even royalty should dismount and



RUWANWELI DAGABA (MAHA THUPA), 1931,
ANURADHAPURA

ANURADHAPURA

silence its music as it passed the tomb The Elara's mound known locally as Elara's Tomb has been declared by archæologists to be the Dakkhinī Vihare, and the grave of the Tamil king is to them still unknown A tale was told me of a Sinhalese chief who fled from his enemies within living memory past this mound At the risk of his life, for he had no time to spare, he dismounted and walked past what to him at least was Elara's tomb, obeying the behest of Duttha Gamini Firmly seated on the throne of his fathers, this king began his career as an architect On a gold plate hidden in a chest in the palace he found a prophecy that he Ruwanveli should build the Ruwanveli or Great Dagaba Dagaba on a site in the Mahamegha Garden pointed out by Mahinda to King Dēvānampiya-Tissa Tissa erected a stone pillar with the prophecy engraved thereon on the spot

Miraculous deposits of copper, silver and jewels occurred all over the island, and since Duttha Gamini wished to acquire all the merit for the work, he decreed that the builders should be paid for their labours as at the building of the Brazen Palace Heaps of clothing, gold, and food were placed at the city gates for this purpose Great elephants, their feet bound with leather, trod the foundations, and the boundary of the mighty shrine was traced by a high official

THE BURIED CITIES OF CEYLON

with a turning-staff of silver tied to a post of gold. Special "fat-coloured" stone imported from India formed the walls of the relic chamber, which was in the upper part of the dome. In this chamber was a Bo-tree with a silver stem and leaves and fruit of gold and jewels, a canopy festooned with pearls, golden Buddhas on thrones, a magnificent couch for the relics, and other riches without number. Before the shrine was completed Duttha Gamini fell sick. He sent for his brother Saddha-Tissa, who covered the dagaba with a white cloth and erected a temporary spire of bamboo. The dying king was then carried to a spot from which he could see both the Ruwanweli and the Brazen Palace, and died gazing at these, the greatest of his works. Saddha-Tissa completed and probably much enlarged the dagaba, adding a frieze of elephant heads which seem to have disappeared in the present restoration. Later kings built the altars, paved the courtyard, and erected the outer elephant wall. In the courtyard stands a stone statue against a pillar with hands raised in adoration of the shrine. This is King Batiya-Tissa (19 B C - A D 9), who once covered the dome with a paste of red lead into which he stuck innumerable flowers which were kept fresh by water raised from the Abhaya-wewa by machinery. The statue is much weathered and was found in three pieces. It was carefully restored and erected on

ANURADHAPURA

the original site. A small cavity below the middle probably contained treasure which doubtless went the way of all the riches of Anuradhapura. We read of repairs to the Ruwanvch being carried out by later kings and Parakrama Bahu I in the 12th century AD completely restored the building which had suffered much at the hands of marauding Tamils. The present restoration was undertaken by an energetic young monk in 1873 and is still progressing. The shape of the present dome does not compare very favourably with the original as depicted in Smithers' drawings. Duttha Gamm called together his master builders five hundred in number and demanded of them what the shape was to be. One called for a golden bowl of water and raising a few drops in his hand he let them fall on the surface of the remainder. A great bubble appeared which was taken as a model. The sand used in the construction was crushed and sifted to prevent the growth of vegetation. Among the modern brickwork recently completed I notice shrubs which have already started the cycle of decay.

On the other side of the Sacred Road opposite the Ruwanvch a short wall takes one to the Schetiva. Schetiva, a digibar of peculiar sanctity being on a site visited by four Buddhas. It was built by Siddha-Essa brother and successor of Duttha Gamm, to enshrine a

THE BURIED CITIES OF CEYLON

tooth of each of the priests Kujjatisa and Kyagatissa, personal attendants of Gautama Buddha. The dagaba is of brick with a retaining-wall faced with stone and occupies a very beautiful setting.

A bend in the Sacred Road towards a distant tank brings one to the most sacred spot in Anur-

Basawak-kulam (Abhaya-wewa) **adhapura** The Basawak-kulam or Abhaya-wewa is the earliest authentic irrigation work in the whole island.

It was constructed by Pandukhabhaya, who made Anuradhapura the capital in the 5th century B.C. On its shores stands the oldest known building in India and Ceylon, the Thupa-

Thuparama Dagaba **rama Dagaba** It was erected probably in 244 B.C. by Dēvānampiya-Tissa to contain the right collar-bone

of the Buddha, which, with his alms-bowl, was the first of the relics sent to the newly-converted Sinhalese by the Emperor Asoka. The relic chamber in the upper portion of the dome was enriched with gold and jewels, and the collar-bone placed in it by King Tissa under the personal supervision of Mahinda, the apostle of Buddhism. Succeeding kings enriched the Thuparama, and one of them made for it a cover of gold with bands of silver, which very soon became the property of the Tamil invaders. In the 12th century A.D. Parakrama Bahu I found the dagaba a jungle-covered mound and restored



THUPARAMA DAGABA, ANURADHAPURA

ANURADHAPURA

it. It was again repaired by Parakrama Bahu II, but was in ruins when Sir Emerson Tennent visited Anuradhapura last century. The four concentric rows of stone pillars with carved capitals carried festoons of lamps, and the inner ones appear to have supported some kind of superstructure such as a roof. Many fragments of relic cases were found during the restoration and placed in the Colombo Museum. Repairs have been faithfully carried out, and the Thuparama to-day is a thing of architectural and æsthetic beauty. On the relative proportions of the component parts depends the beauty of a dagaba and the ugly Lankarama near by makes one appreciate the perfect Thuparama. Round the latter is very holy ground, for the ashes of Mahinda and of his sister Sanghamitta, children of the Emperor Asoka and founders of Buddhism in Ceylon, were buried near by.

As one approaches the Thuparama from the Residency various ruined monasteries offer their beautifully carved guard stones and monoliths to the visitor. Here is the Nandana Garden, or Grove of Light, where Mahinda preached the teachings of Buddha and founded the home of the orthodox faith. The Nandana and Mahamegha Gardens extended from the Basawakulam to the river and in this area the most sacred of the shrines are to be found. Nestling under the old red wall of the Thuparama, within

THE BURIED CITIES OF CEYLON

the shade of its ancient Bo-tree, are a series of monoliths with carved capitals part of a two-roomed building which had at one time an underground secret chamber. Smithers identifies this as the Temple of the Tooth, but other experts disagree. Until a building having better claims comes to light I propose to give the historical facts of the relic in connection with these ruins which, being in the most sacred spot of the city, appear to me to have been constructed for a particularly holy purpose. Early in the 4th century A.D. (Codrington places it about A.D. 340) the right eye-tooth of (Smithers) Buddha was brought to King Kitsiri Mawana (Siri Meghavanna) in Anuradhapura by a princess of Kalinga. Her royal father, besieged in his city of Dantapura, had feared for the fate of the Tooth at the hands of his foes. The waving of a red flag from the city walls was a sign that all was lost, and the princess with the Tooth hidden in her hair fled to Ceylon. She was received with all honour by the Sinhalese king, who built a temple for the sacred relic and instituted the annual *perahera* which, during the August moon, still takes its stately way through the streets of Kandy. The owner of the Tooth and the Bowl became the virtual ruler of the land, so great a hold did they take on the minds of the people. The guardian priests in time of invasion fled through the jungles with their holy burden,

ANURADHAPURA

but the Tamils on one occasion carried the Tooth to India. It was retrieved later, and to the Portuguese we must attribute its final destruction. In the 16th century A.D. this "idol of the heathen" was ground to powder and publicly burnt by the zealous Bishop of Goa. The relic in the Dalada Maligawa at Kandy is but a substitute, but in the eyes of the faithful the Tooth is indestructible, and the measure of its worship from all over the Buddhist world is in no way diminished.

RUINS ON THE OUTER CIRCULAR ROAD

The motorist who desires an evening trip round the Outer Circular Road will be well advised to start at the Tissa end, otherwise he will have the sun in his eyes the whole way. In the morning one leaves the hotel, and after a short drive through the Bazaar and down the Timcomalee Road takes a well-marked turning north. A Buddhist Buddhist railing appears on the right. It will be recognised as a favourite decoration for the tees of the great dagabas, the largest of which rears its jungle-covered dome with brick tee and ruined spire on the left. The energetic can climb to the top of the spire, where a wonderful vista of tank and jungle awaits them. There are well over two hundred feet of very rough going to be negotiated, but this is the

THE BURIED CITIES OF CEYLON

easiest dagaba to climb, if climb one must. We have under consideration the Jetawanarama, or Eastern Dagaba, for many years confused with the Abhayagiri. Mr Neville in 1914 dispelled the local tradition, and the new maps have the ruins marked correctly. At the end of the 3rd century A.D. Maha Sena the apostate was King of the Lion Race in Anuradhapura. For some centuries there had been schism in the Buddhist priesthood, and the Dharmaruchi sect, practising certain heresies, had seceded from the Maha Vihare, the headquarters of the orthodox faith founded by Mahinda, and had established themselves at the Abhayagiri or Northern monastery. Under the influence of Samghamitta, a heretic monk who had been his tutor, Maha Sena dispersed the Maha Vihare and forbade the people to feed its inmates. There was destruction in the Mahamegha and Nandana Gardens. The great Brazen Palace was razed to the ground and only the assassination of Samghamitta by the queen saved the Thuparama. A rebellion caused the king to see the error of his ways. Anuradhapura, like Paris, was "well worth a 'mass,'" and for a time Maha Sena became an orthodox Buddhist. Seated firmly on the throne, he returned to his evil ways and, in spite of warnings, built the Jetawanarama within the precincts of the Maha Vihare, viz. between the Basawat-



CARVED STONE PILLAR (DAGABA) IN THE EASTERN PART OF THE
JAYAWANARAMA (EASTERN) DAGABA,
ANURADHAPURA

ANURADHAPURA

kulam and the river. It is supposed to have contained a portion of Buddha's girdle. Its riches soon fell to the Tamil invaders, and the structure was much damaged. In the 12th century A.D. Parakrama Bahu I restored it, but with the final abandonment of Anuradhapura it again fell into ruin. Restoration work of the last century has brought to light some beautiful altars and carvings worthy of more than a casual glance, but the jungle still holds sway over the shrine and further restoration is required in the near future if much is to be preserved. Maha Sena having "acquired much merit and much guilt" is now deified as the god of Minneriya Tank, one of his great irrigation works, which seems to indicate that he was at least mindful of his people's material needs, even if he disagreed with many of them in his religious beliefs.

Where the road turns to the west are the Twin Ponds, or Kuttam Pokunas, a ruin of great beauty of design. Anuradhapura is full of bathing-tanks, among which these ponds hold pride of place. Little is known of them, but they are obviously of very ancient date. I hope some day to see them fully restored from Smithers' exquisite drawings.

Following the road, we pass a sedent Buddha and numerous monastic remains until, at the junction of the right-hand branch of the Y-road

THE BURIED CITIES OF CEYLON

with the Outer Circular Road, the great mass of the Abhayagiri or Northern Dagaba (Northern) meets the eye. Round this great shrine Dagaba has been written much of the early history of Anuradhapura. On this site in the days of Pandukhabhaya (5th century B.C.) stood the Tittharama monastery for Jain ascetics. It was still occupied by this sect when Wattha Gamini Abhaya, nephew of the great Duttha Gamini, began to reign at the beginning of the 2nd century B.C. This king had a Tamil invasion to deal with, and was defeated in a great battle outside the northern gate of the city. As he fled past the Tittharama its high priest, a monk Giri, mocked the royal fugitive, and Wattha Gamini made a vow to destroy the monastery and replace it with a Buddhist community, should he ever recover his throne. The next fifteen years he spent in exile, fed by the priesthood and living in caves and jungles. Dambulla caves became his refuge for a time and he founded the temple there. His crowning misfortune was to lose the Bowl relic, which the Tamils carried off to India. Wattha Gamini Abhaya, however, came back to the ancient city of his fathers, expelled the invader, and proceeded to fulfil his vow. The Tittharama was destroyed and the community dispersed. On the site rose the Abhayagiri, so called after the king and the monk Giri. In the 2nd century A.D. Gaja Bahu invaded India.



ABHAYAGIRI (NORTHERN DAGABA), ANURADHAPURA

ANURADHAPURA

retrieved the Bowl relic and restored and enlarged the Abhavagiri. The Chinaman Fa-Hien who visited Anuradhapura early in the 5th century A.D. left a record of his visit. He calls the great dagaba the 'Mountain without Fear' and states that 5,000 monks formed its community. A wonderful blue image of Buddha is mentioned whose hair was composed of sapphires. The Tooth relic after its arrival was carried once a year in *perahera* to the Abhavagiri from its temple. There is no doubt that this was the most important monastery in Anuradhapura at the time and became the headquarters of the heretical Dharmapala sect which seceded from the Maha Vihara. The shrine was sacked again and again by treasure-seeking Tamils and Parakrama Bahu I restored it in the 12th century A.D. When the Sinhalese could no longer defend the city the communities dispersed and the shrines were left to the invader and the jungle. To-day the Abhavagiri is an enormous jungle-covered mound whose slopes offer shelters to troops of monkeys. The heavy *taluc* of brick and earth fallen from the upper slopes of the dome hides some beautiful carving. The auspicious beasts which adorned the altars push their heads here and there through the debris, and would repay excavation from their jungle tomb. The heretic king Maha Sena used all the materials of the Brazen Palace to enrich this monastery,



GUARD STONE RATANAPĀSĀDA ANURADHAPURA



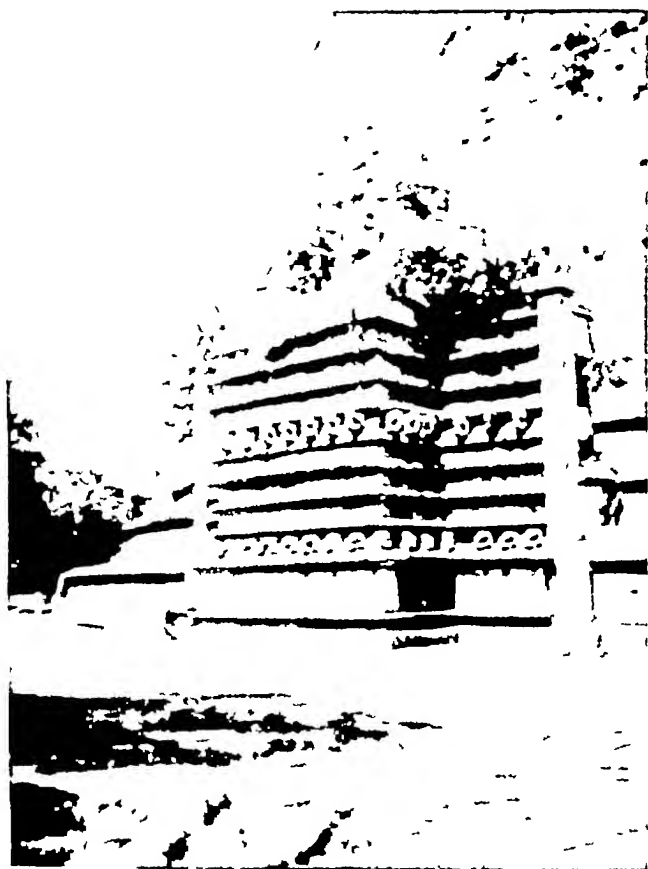
ISSURUMUNIYA, ROCK TEMPLE AND DAGABA,
ANURADHAPURA

Urd which now carries a motorable road, is over two miles in length and, according to Parker, is so well built that with reasonable care it will last for ever. The skeleton of a water-tank was added by the Public Works Department in 1931, and I am glad to say that the cloud of language with which I erected its appearance was sufficient to turn it green. Among the great rain-trees below the *Urd* are numerous ruins. Baths and carved stones occur frequently, and one comes *Issurumuniya* eventually to the *Issurumuniya* rock-muniya temple and *dharmā*, which is one of the gems of Anuradhapura. When the Bo-tree was planted by King Tissa in the Mahamegha Garden the Prince Anurādhā and five hundred of his followers expressed a desire to lead a monastic life. The King built for them the *Issurumuniya* and constructed at the same time the nearby *Vessagiri* Vessanti, which was probably a nunnery. Kassapa of Siginaya, in the 6th century A.D. endeavoured to expiate his sin by rebuilding and enlarging these two settlements. He gave his own name and that of his two daughter, *Bodhi* and *Uppulavanna*, to the monastery. *Issurumuniya* suffered at the hands of the Tamils and finds no place in Smithers' survey of the ruins. Its restoration was, I believe, undertaken by a monk who for many years worked alone or with such casual help as he could persuade the villagers to give him. The shrine

THE BURIED CITIES OF Ceylon

is now completely restored. The white dagaba among the old black rocks across the bathing-pool is really lovely, and the carved elephants, probably 14th-century work, offer a pleasing early-morning study to the photographer. One can but deplore the hideous red-brick building and modern belfry which have been added. The dignity and subdued colouring of the ancient Bo-tree cause one to blush for the lamps and other anachronisms of our so-called civilisation, but from the bund it is possible to avoid all this. The shrine then falls into its proper setting of palms and paddy fields, with a glimpse of the hill of Mihintale in the background.

Near the Jail and within a few minutes' walk of the Grand Hotel is the Mirisveti Dagaba, *Mirisveti* which derives its name from *Miris-Dagaba* *wetiwa*, meaning literally *chilli-sambal*. It was built in the 1st or 2nd century B.C. by Duttha Gamini in expiation of a broken vow. Having concluded his successful campaign against the Tamils with the slaying of Elara at the city gate, the Sinhalese king proceeded to celebrate his return to the capital of his fathers with a water festival in Fissa-wewa. His spear, which contained a relic, was set up by the royal guard on a spot near the tank, together with a heap of riches presented to the conqueror by his courtiers. At the end of the day it was found impossible to



WESTERN ALTAR MIRISAVITI DAGABA ANURADHAPURA

move the spear. As a lad Duttha Gamini had made a vow to share all his food with the monks. He remembered that he had that morning inadvertently eaten some chillies without giving any to the brethren. As a penance he built over the spear the Mirisveti Dagaba, and founded there a monastery which extended to the shores of the Basawak-kulam. It was completed within three years. In the 2nd century A.D. Gajabahu I re-coated the dome of the dagaba and the retaining wall was built later. Parakrama Bahu I found it in ruins and restored it, but when Sir Emerson Tennent visited Anuradhapura last century he described the Mirisveti as "A mere barrow of earth overrun with jungle. A heavy talus completely obscured the basal cylinders. The jungle was cleared and under the talus on the western side was discovered one of the gems of Buddhist architecture, the finest altar in Anuradhapura. At the cardinal points of the great dagabas of this ancient capital one finds these altars or wāhāll idas as they are called. Smithers describes them as frontispieces, but they appear to be more of the nature of ornamental backgrounds. There is usually a relic-chamber in the rear portion of the fabric, and the decoration of the front and sides consists of rows of auspicious beasts and other demon scayers. At the sides of the altar stela are placed. Those at the Mirisveti are 17½ feet in height and are carved

THE BURIED CITIES OF CEYLON

throughout their whole length For many years this western altar at the Mirisveti was protected from the elements by the débris with which it was covered The stone used in its construction is a very hard granite, and the carvings are in an excellent state of preservation

As one enters Anuradhapura along the Matale Road an enormous green bank appears on the left This is the bund of Nuwara-wewa, the City Tank, and on the top of the bund is a motorable road some three miles in length Parker worked on the Anuradhapura tanks for some time, and is an authority on dates where their construction is concerned He attributes Nuwara-wewa to the early part of the 1st century B C There is a possibility that it was built by Wattha Gamini Abhaya Below the bund are sundry ruins, but the *pièce de résistance* is the sunsets with the hills of Mihintale and Ritigala reflected across the immense stretch of waters The tourist will be delighted too with the moonlight pictures, and the view of the great dagabas of the city across the paddy fields is very fine indeed I advise the pedestrian out for a nocturnal ramble to take a stout stick with which to deal with any snakes that may be abroad Not every snake is venomous, but it is safer to assume that the reptile is better dead unless it removes itself immediately

MIHINTALE

EIGHT miles from Anuradhapura on the road to Trincomalee lies the little jungle village of Mihintale, its tiny houses grouped around the foot of the Missaka Mountain. Here is the cradle of Buddhism in Ceylon. The hill of Mihintale, to give it its modern name, is so called after the apostle Mahinda, son of the Emperor Asoka, who in the 3rd century B.C. was despatched by his royal father to King Dēvānampiya-Tissa with the message of the gentle faith. The religion of the Sinhalese before his coming is a matter of conjecture. Jainism is mentioned, and some form of Nature worship existed. On circuit in the northern jungles I have often seen one of our escort of headmen hang a twig across a bough as we entered on a jungle path. This was an offering to a god of the forests, who then protected the party from attacks from wild beasts, etc. There is still a firm belief in devils in the villages. Buddhism immediately took a firm hold on the Lion Race and is still the religion of the majority. The tale of its coming is recorded in great detail in the

THE BURIED CITIES OF CEYLON

Mahawansa After he had reigned for two years in Anuradhapura King Tissa having arranged a water festival for the dwellers in the city, set out with thousands of his followers on a hunting expedition to Mihintale. He was led by an elk-stag up the mountain, and in pursuit of the quarry came across a band of yellow-robed monks who had appeared from nowhere. Mahinda was at their head, and, as King Tissa was on very friendly terms with the Emperor Asoka, he listened with great joy to the son of his friend. Never had a missionary such a response. The king and all his followers were there and then converted, and the construction of monasteries and shrines for the relics of the Buddha became the daily occupation of the royal convert. On the mountain were constructed numerous rock cells as homes for the ascetics, and in the capital Mahinda received the king's pleasure garden as a home for the faith. Tissa with two elephants harnessed to a golden plough marked the boundaries of the lands which extended over what is now known as the Mahamegha and Nandana Gardens between the Basawak-kulam and the river. The Thuparama and other shrines are in Anuradhapura but Mahinda lived on his mountain with periodic visits to the capital. Mihintale was literally covered with shrines and is known in the chronicles as the Cetiya Mountain *city*, a meaning shrine. The ruined cells and

dagabas testify to the existence of a large community of monks, which probably exceeded 3,000 in number

The traveller motors to the foot of a flight of steps composed of enormous blocks of granite. There are some 1,080 of these to be negotiated, but the guide leaves them after a flight or so for a rough jungle path on the right. Sundry cave-dwellings catch the eye (when one is not stumbling over tree-roots) and we reach the

Lion Bath

Lion Bath, so called from a somewhat battered stone lion which forms part of the structure. A stiff climb takes us to the Naga

Snake Bath

(Naga Pokuna)

Pokuna or Snake Bath. It is an enormous rock-pool with a huge five-headed cobra sculptured on the far wall. King Tissa is stated to have rested by this Naga Pokuna after he had met Mahinda, so that it was in existence prior to 245 B.C. The view from here is wonderful. The dagabas and tanks of Anuradhapura are clearly visible, and the foreground offers a fine picture of a hill covered with caves.

We climb next to the Ambatthala platform on which Tissa and Mahinda met. A stone statue of the king marks the spot on which he stood. The statue is much weathered, but shows a royal dignity and should be better protected from the elements. A newly restored white dagaba, the Ambatthala, marks the

two enormous stone slabs covered with legible "Tables of inscriptions in Pali." These are literally the Law "Tables of the Law" on which rules of conduct for the community of priests are inscribed. Just below is the refectory with the Stone finest specimen of a stone canoe that Canoe I have ever seen. It was used for rice, as already stated.

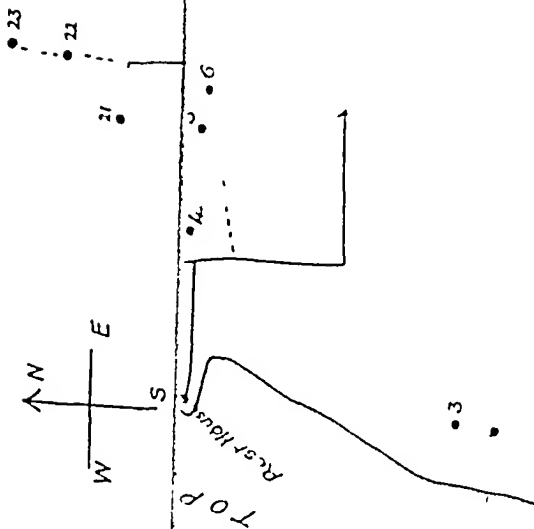
Down the stairway one travels to the village below where a short walk takes one to the Idikatu or Needles Dagaba built by Kalakemmi (Needles) Tissa in the 1st century B.C. Parker Dagaba finds the stone wall surrounding the monastery worthy of comment.

Mihintale suffered the fate of Anuradhapura at the hands of the Tamils, whose ruthless destruction of the shrines was repaid with the great riches with which they were embellished. Later kings restored them from time to time, but finally that persistent enemy, the jungle, exerted its sway. A few monks still tend the ruins and bathe in the ancient Naga Pokuna. The June moon ushers in the Posa festival, which is held in honour of Mahinda. Mihintale then comes to life. The roads swarm with pilgrims, and on the old old stairway one meets devotees of the gentle faith, their hands full of the blue lotus and other blossoms. Myriads of tiny lamps adorn the shrines, and the altars are rich with the scent of flowers, the universal offering.

POLONNARUWA

THE road to Polonnaruwa from Habarane offers a glimpse of the great tank of Minneriya, one of the most beautiful in the island. A short *détour* takes one to the circuit bungalow, whence a walk of a mile produces some old stone statues on the *bund*. Minneriya was the work of Maha Sena I, the heretic king who, in the 3rd century A.D., destroyed the Maha Vihare in Anuradhapura. In the little jungle village he is now worshipped as the god of the tank.

Polonnaruwa, the ancient Pulatthi-nagara of the chronicles, became the capital at the end of the 8th century A.D. It had been an important settlement before this date and offered a fitting sanctuary for the seat of government when Anuradhapura could no longer be defended from the Tamil. The new city reached its zenith under Parakrama Bahu I in the 12th century A.D. For many years Sinhalese history had been a sorry tale of foreign invasion and internal strife. Petty kings wasted their energies in the assassina-

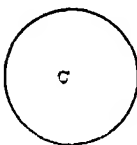


CHIEF RUINS OF POTONNARUA

- 1 Audience Hall
- 2 Council Chamber
- 3 Statue of Aia

13

12



11

10

8

The Quadrangle

3

2

Top
Res. House

tion of their immediate neighbour and no combined resistance to the invader was possible. The Lion Race degenerated as it had become, could yet produce one great figure and Parakrama Bahu the Great was worthy of the old hero from whom he was descended. He came, princeling from the sublimity of Parakrama Bahu I (A.D. 1153-56) Ruhuna showed him clear and vigorous as a very eagle. He conceived the idea of a united Ceylon under himself as sole monarch and set out to achieve his aim with any method that presented themselves to his very fertile brain. It was an age of cruelty and bloodshed, and Parakrama Bahu with more than his hate of the first commodity, saw to it that there was plenty of the second. A visit to his kinsman rehim in Polonnaruwa made it possible for him to found a system among the subject of his time lost. The greatest warrior and statesman of his time finally spread his umbrella of dominion over the whole island and even carried his arm with success against the King of Pegu and into the Chola country of Southern India. A standing army of well-trained mercenaries and a civil service maintained law and order throughout the king's dominions, and we read that a woman could pass from one end of the land to the other with a rich jewel, and not be molested. In his long reign of thirty-three years Parakrama Bahu

THE BURIED CITIES OF CEYLON

had time for the arts of peace. The great irrigation works were restored, and prosperity followed in their wake. The shrines of Anuradhapura and Mihintale were rebuilt, and the new capital of Polonnaruwa bid fair to rival the old in the richness and dimensions of its shrines. It is a strange medley of architecture, which tells of the civilisation of the Sinhalese in the 12th century A.D. As already stated, frequent intermarriage with the royalty of Madura had finally produced a race of princes more Tamil than Sinhalese. In the great city of Parakrama Bahu, Hindu and Buddhist shrines sit side by side. It was an age of ostentation and over-decoration. The dignity and reserve of the pre-Christian shrines found no place in the work of hired foreign architects who produced the buildings of Polonnaruwa, and Westminster Abbey compares very favourably with the Lankatillake of a later date.

The visitor to the ruins of this medieval capital stays at the Rest House, which occupies a delightful site on the *bund* of Topawewa, a great tank which once formed part of the Sea of Parakrama. At the time of writing there are few crocodiles left, but the bird life is a joy to the ornithologist, and the sunsets are guaranteed to please an artist.

The archæologist will find a good deal of material on the Promontory, a few yards from the Rest House. The Audience Hall and Council

Chamber are those of Nissanka Malla, a king of pure Tamil descent who was son-in-law or nephew to Parakrama Bahu I, Audience Hall and succeeded him after the lapse of Council Chamber a year. An enormous stone lion which formed part of Nissanka Malla's throne was conveyed with great difficulty to the Colombo Museum. This king had a perfect mania for inscriptions, which we find all over the capitals. His literary style was bombastic in the extreme, and many of the shrines which he claims to have constructed suffered only a modicum of restoration at his hands.

A pleasant evening walk of just over a mile along the tank *bund* brings one to the Potgul Vchera. Here is an enormous stone statue cut from the solid rock, which for many years has been taken to represent Parakrama Bahu the Great. Dr. Nell identifies it as the sage Agastya, which is a much more likely supposition. The learned one is intent on the study of an *ola* and has an air of great dignity among his peaceful jungle surroundings.

Where the road to the Rest House joins the main road a somewhat ugly mass of red brick King's Palace rears its façade above the old green bank. This is the royal palace, probably of later date than Parakrama Bahu. Round it were pleasure gardens and pavilions. There

THE BURIED CITIES OF CEYLON

is a pleasing specimen of the latter near by in Prince's close proximity to the Prince's Bath Bath or Kumārapokuna with its spouts of crocodile heads

A footpath leads to the little Siva Temple I, Siva a shrine in the best Hindu style whose Temple I carvings are really lovely

RUINS IN THE QUADRANGLE

Fifty or sixty years ago the Quadrangle was a mass of jungle. Great trees grew within the shrines and their roots spread ruin and disintegration through the fabric. The undergrowth hid the fallen pillars and the great stone Buddhas had in many cases left their pedestals. Our busy Archæological Department is to be congratulated on the state of this great enclosure at the present day. The buildings have been restored by experts and the smooth green turf is an ideal setting for the remains of the old civilisation.

As we enter by the footpath from the Siva Temple I, the huge mass of ornate masonry on Thupa- the left denotes the Thuparama. This rama strange building so essentially Hindu in structure and design is a Buddhist shrine. It is the only building of any size in the ancient capitals which still possesses a roof an excellent spot from which to photograph the other ruins



THE QUADRANGLE FROM THE THUPARAMA, POLONNARUWA

in the Quadrangle. Mr. S. M. Burrows in 1886 cleared the great blocks of fallen masonry which filled the entrance and removed the jungle from the walls. The inner shrine contains sundry Buddhas and a stone slab on which Parakrama Bahu was wont to meditate. The atmosphere is somewhat eerie and one emerges into the sunlight with relief. Near the Thuparama is the Circular Relic Shrine, the Relic Shrine, which was Parakrama Bahu's Temple of the Tooth. Many of the statues of Buddha in the temples of the Quadrangle face towards this shrine which was the most sacred building in the city. The main entrance is a magnificent stone stairway which rises from its moonstone by a series of decorated steps to an upper platform with four seated Buddhas. The monoliths with curved capitals recall the Thuparama of Anuradhapura, and some of the guard stones on the lower courtyard would not have disgraced the buildings of the old capital. Devotees still light their tiny lamps and lay their flowers before the statues of the Enlightened One.

Opposite the northern stairway of the Circular Shrine is the Shrine of the Eight Relics built by Nissanka Malla. This king is responsible for the enormous Galpota or Stone Book which lies near by. The inscription tells of the ancestry and merits of

THE BURIED CITIES OF CEYLON

Nissanka Malla, who appears to have been a
Stone Book marvellous individual in his own estimation On one inscription we are told that a snake approached the king as he was going to his bath The monarch pointed out to the reptile its lack of respect, whereupon the poor creature committed suicide for very shame The Galpota weighs well over twenty tons, and according to the inscription was "brought from the mountain of Saegiri (Mihintale) by the strong men of King Nissanka," some 80 miles

The seven-storied shrine is the Satmahal-pāsāda It is Cambodian in design, and doubt-
Satmahal-pāsāda less is a monument to Parakrama Bahu's campaign in that country A staircase on the outside leads to a second storey, and the whole fabric is decorated

Near the western porch is the Flower Altar, the work of Nissanka Malla The carved and
Flower Altar twisted pillars are perfect gems and the peculiar stone railing a fitting frame The lotus theme is everywhere, and we can but think that the king had here a much better memorial than the flowery language with which he decorated his capital

A footpath leads to the Siva Temple II,
Siva Temple II well worth more than a casual glance by the visitor



FLOWER ALTAR THE QUADRANGLE, POI ONNARUWA

RUINS IN THE LANKATILLAKE SECTION

The visitor to the Lankatillake has a choice of routes. He can motor in comfort or he can walk by a footpath from the Quadriangle. I would impress on the pedestrian the necessity for a stout walking-stick and a wary eye for snakes, also the inadvisability of sitting down for a rest. There are no leeches in the dry zone, but they have their counterpart in ticks, which have very similar habits where human beings are concerned. Ants, too, are everywhere, and most varieties can be relied on to make their presence felt in a very short space of time and in a painful manner. Wild beasts avoid one for the most part, but a nocturnal visitor would be a congenital idiot to try these unfrequented paths without a rifle.

The Lankatillake is well worth a little energy. The huge brick mass dominates the landscape, Lankatillake and is a strange building for a Buddhist shrine. The interior possesses some peculiar features, and the enormous Buddha at the end is worthy of inspection. The roof, of course, has completely disappeared. This has its advantages, for the remaining traces of mural decoration are clearly visible in the sunlight which penetrates to every corner. The foreign workmen of Parakrama Bahu left their mark both in the design and decoration of the shrine.

is clearly visible and they were no doubt originally in separate shrines

The energetic can walk from the Gal Vihare by a jungle path to join the main road to the Damila Northern Temple. He will pass the Thupa enormous mass of the Damila Thupa, so-called because it was constructed by the Tamils

RUINS IN THE NORTHERN TEMPLE SECTION

The road north from the Lankatillake ends at a notice board which offers the visitor the Lotus Bath at the expense of a short walk. This little gem owes its discovery to Mr John Stull whose *Jungle Tide* by a real jungle lover has introduced Polonnaruwa to a large public. The bath with its exquisite steps, each a petal of the lotus, has been completely restored. It beggars description, and must be seen to be believed. I have heard rumours of a similar bath a few miles off in the jungle

A footpath, a continuation of the motorable road, leads past a circular shrine very similar in design to the gem in the Quadrangle. It is much smaller and at best a crude imitation of the other

The Northern Temple is very like the Lanka-

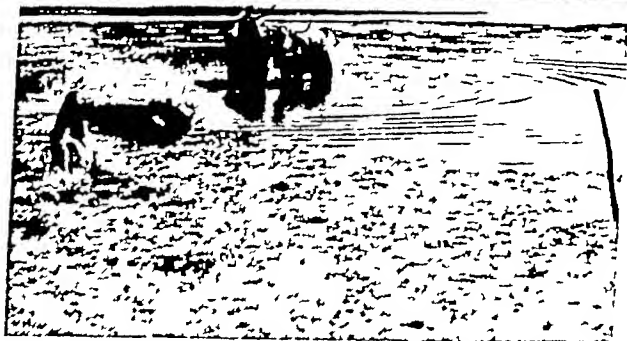
SIGIRIYA THE LION ROCK

“**T**HEREUPON the wicked ruler called Kassapa sent forth his groom and his cook. But as he was unable through these to slay his brother, he betook himself through fear to Sinhagiri which is difficult of ascent for human beings. He cleared the land round about, surrounded it with a wall and built a staircase in the form of a lion. So runs the ancient chronicle, and the quotation promises a tale not unworthy of the sagas.

In the 5th century A.D., Dhatu Sena was king of the Sinhalese in the ancient city of Anuradhapura. He had cleared the hated Tamils from the holy places, restored the ravished shrines, and spread law and order over a land which for years had been at the mercy of the invader. His greatest achievement was the great jungle tank of Kalawewa. Dhatu Sena like all great men had his enemies. His action in sending traitor nobles and their families to dwell among the lowest caste in the land did not make for popularity with one of the proudest races in the world. The king had two sons, Moggallana by his chief queen, and Kassapa by a queen of inferior caste.

THE BURIED CITIES OF CEYLON

He had also a daughter on whom he lavished all the affection of a strong nature. This daughter was married to Migara, nephew to the king and commander-in-chief of the army. In a fit of jealousy Migara struck his wife who fled with her bloodstained garments to her royal father. Vengeance for the wrong came quickly. In the absence of Migara his mother was burned alive by the angry king. Kassapa seized his opportunity. Together with Migara supported by the army, he took the capital and imprisoned his father. Moggallana fled to India and Kassapa assumed the kingship. The captive Dhatu Sena was asked for the whereabouts of the royal treasure and desiring once again to see his friend the monk Mahanama, and his great tank, said that the treasure was hidden at Kalawewa. He was taken through the jungle, and we read that the kindly driver of the cart shared his food with his captive king. Dhatu Sena gave him a writing for Moggallana, asking that in the event of his regaining his father's throne, he would make the carter doorkeeper to his palace. Eighteen years later Moggallana carries out his murdered father's wishes. Meanwhile, Dhatu Sena, having conversed with Mahanama and bathed in Kalawewa, announced that his only treasures were his friend and the great tank. He was dragged back to Anuradhapura where his unnatural son and nephew walled him up alive.



SIGIRIYA THE ROCK FROM THE TANK

THE BURIED CITIES OF CEYLON

could be proud. Imagine an enormous mass of granite 400 feet in height, with an acre or so on the top, and overhanging on three sides. Conceive the brain which hung a stairway round this crag, built an enormous lion's head on the one platform, and constructed a palace and its attendant baths and reservoirs on the summit. Note the great polished gallery in which four men could walk abreast, the elephant stables, the audience hall, and the thirteen terraces. The frescoes of the "Ladies of Sigiriya" still retain their colours and look as of old towards the temples on the northern hill.

The work of restoration was in the capable hands of Mr H C P Bell. The tombstones at the foot of the stairway tell their own tale of hardship and death in the war waged against malaria. In spite of great difficulties Mr Bell slung his workmen from the top of the crag, and those of us who are brave enough to venture beyond the Lion's Jaws, have not only a permanent iron stair, but a handrail as well with which to negotiate the upper slopes. I have been privileged to see Mr Bell's photographs of the work of restoration, and would state that the modern Sigiriya is almost as much a monument to him as to its original architect.

THE ROCK TEMPLE OF DAMBULLA

DAMBULLA lies forty-five miles north of Kandy on the road to Anuradhapura. The caves offered shelter to Wattha Gamini Abhaya, nephew of Duttha Gamini. Expelled from the capital by the Tamils, the king wandered an exile for fifteen years, when he returned in triumph to build the Abhayagiri Dagaba in the ancient city. He beautified the Dambulla caves, and the work was restored and re-decorated by later kings of the Polonnaruwa period. That inveterate scribbler Nissanka Malla left his mark on the shrine, which was built originally in the 1st century B.C.

The tourist will find awaiting him at the foot of the hill sundry unpleasant people desirous of becoming guides and camera bearers. For this he is in some ways responsible, and indiscriminate tipping in the past has much to answer for. The climb to the caves is steep and lies over bare unshaded rock. The unwary may find himself paying an entrance fee at each of the five sections of the shrine. The second cave is by far the finest. On a wet day the rock is slippery and

THE BURIED CITIES OF CEYLON

very dangerous for the traveller whose pedal extremities are shod with rubber. I have in mind a tourist who put his hip out at the top of Dambulla and found the journey down on coolie shoulders, and the subsequent drive back to Kandy and the nearest surgeon, anything but pleasant.

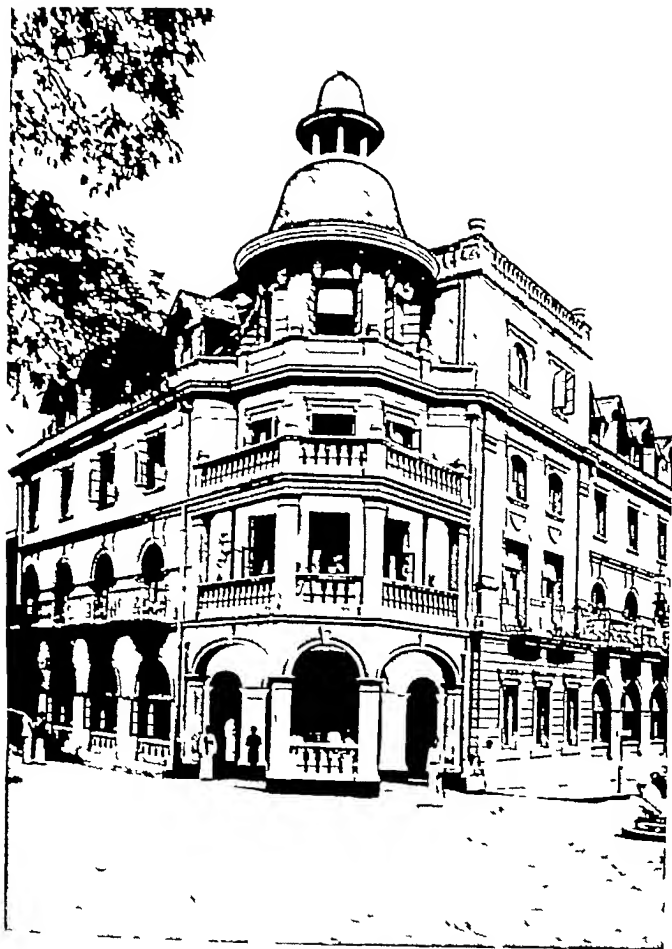
ALUWIHARE

A FEW miles from Matala the Aluwihare caves and temple may tempt the tourist to wander a mile or so from the main road. In the time of Wattha Gamini Abhaya (1st century B.C.) there was much schism in the Buddhist priesthood. The orthodox faith had been handed down orally from Mahinda by the monks of the Maha Vihare in Anuradhapura. The king fearing the effect of the new heresies decreed that the tenets of the faith as preached by Mahinda should be written down and preserved. The writing was done at Aluwihare Temple.

KALAWEWA

THERE have been several references in this book to the tank of Kalawewa which can be reached, as already stated, by a six-mile drive from the village of Kekirawa. The great reservoir has been restored under British rule and fulfils its original functions. One is apt to forget that it formed a part of the old civilisation. Its construction by Dhatu Sena in the 5th century A.D. recalls the story of Sigiriya and the dreadful death of the king at the hands of his son and his nephew. The remains of the old monastery on the *bund* speak of Mahanama and his last interview with his sovereign. Near by too are the ruins of the city of Vijitapura, somewhat confused in the chronicles with a town of the same name near Polonnaruwa. A jungle walk of a mile or so brings one to the colossal Buddha of Awkana.

The *bund* of Kalawewa extends for five or six miles. The motorist at one point crosses the main spill, a dangerous proceeding when there is any quantity of water coming down. I have spent pleasant hours in the little circuit bungalow, which occupies a site near an ugly modern monument.



QUEEN'S HOTEL MAIN ENTRANCE

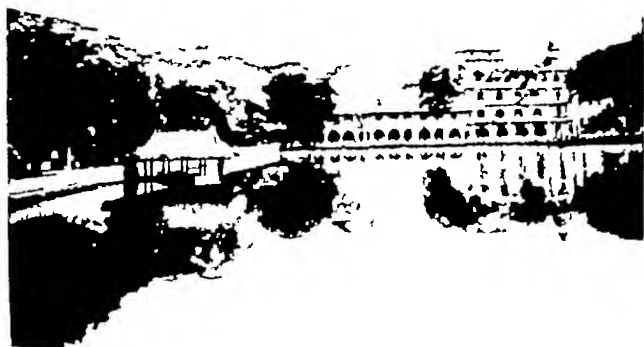


A PANORAMIC VIEW OF KANDY
THE CITY - WITH THE TEMPLE

QUEEN'S HOTEL, KANDY

Telegrams QUEEN'S KANDY Tel Nos 11 & 53

Delightfully situated in the midst of glorious verdure-clad Hills three hours by car and four hours by rail from Colombo in a climate which leaves nothing to be desired. It has one of the finest Ballrooms east of Suez. Its Dining-Rooms and Lounges overlook the most historic and picturesque Lake in the Island. Luxurious double and single rooms and suites with hot and cold running water private bathrooms with modern sanitation.



"Week-ends at the Queen's are one of my vices"

ASHLEY GIBSON in *Cinnamon and Frangipanni*

Electric lights and fans in all rooms. Lifts to all floors, Telephone on every floor. The cuisine and service and personal attention a specialty. Its cellars contain the choicest wines. Music during Lunch and Dinner. Al fresco Dinners and Entertainments arranged in the Spacious Grounds. Comfortable five- or seven-seater cars always in attendance from the Hotel Enquiry Office.

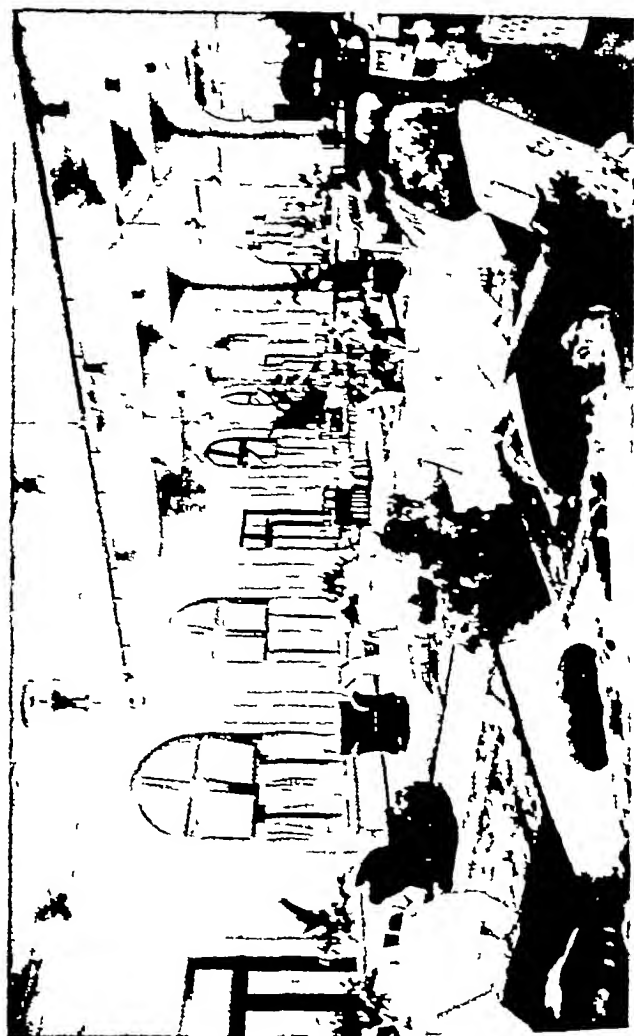
Golf and Tennis arranged

Accommodation for 300 guests Charges moderate

Apply, MANAGER

Proprietors KANDY HOTELS CO., LTD

QUEEN'S HOTEL



THE DRAWING ROOM



A CORNER OF A PRIVATE SITTING-ROOM

QUEEN'S HOTEL

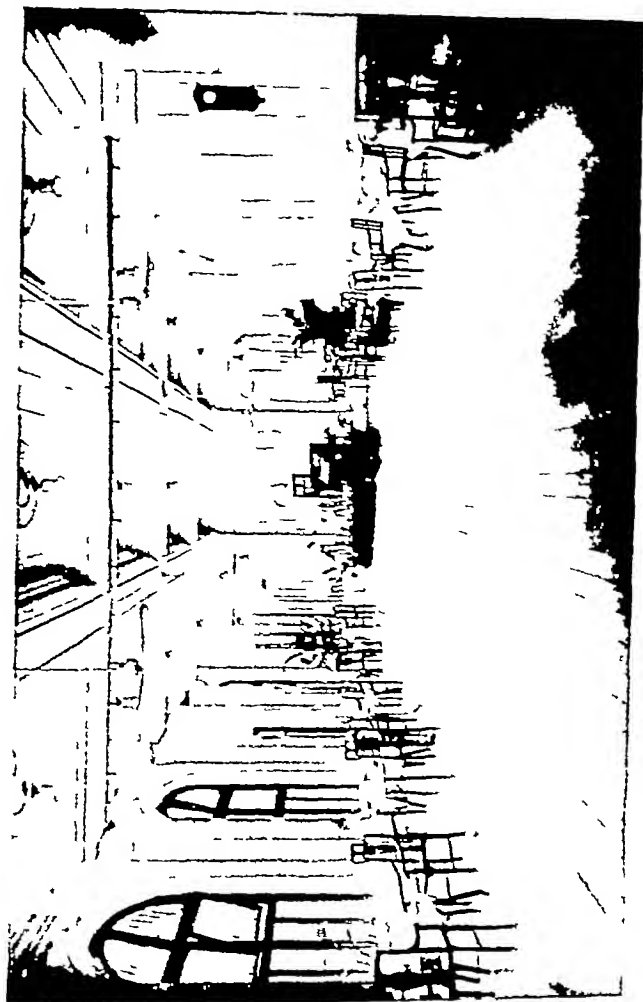


A DOUBLE BEDDED ROOM

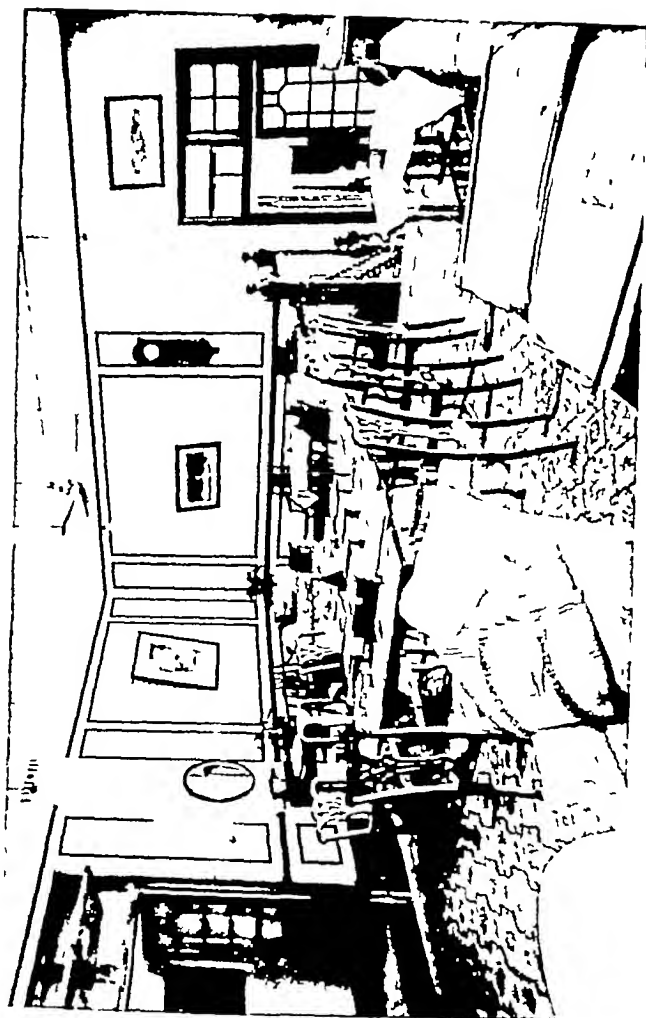


THE DINING ROOM

QUINN'S HOTEL



THE DAILY NEWS



QUEEN'S HOTEL



A CORNER OF THE SALOON BAR



PALMS IN PERADENIYA GARDENS



A GROUP OF KANDYAN DANCERS
THE ABOVE DANCE IS PECULIAR TO KANDY



THE COLLETTES LAND

W. A. T. de SILVA & Co.

*Expert Gem Merchants
and Jewellers,*

**MAIN LOUNGE, QUEEN'S HOTEL,
KANDY, CEYLON**

The Largest and RAREST collection
of Ceylon Gems Specialities in Blue
and Star Sapphires, Cats' Eyes,
Zircons or Princess Mary's Stones,
etc, mounted or unmounted

**All descriptions of Modern and
Antique Curios.**

KANDYAN ART WORKS, Etc.

INSPECTION CORDIALLY INVITED

Service

for the Traveller

WHEN you book through Cooks you not only have the advantage of securing all in one office, tickets train and hotel reservations, foreign moneys, travellers' cheques, etc

BUT—

You are automatically entitled through the possession of a Cook's ticket, to the free services of our uniformed interpreters who will be found at all principal ports and stations throughout the world

Cooks are agents for all steamship lines touching Ceylon—P & O Orient Elder Funnel, Bibby, Aberdeen and Commonwealth, etc

HOW TO SEE CEYLON The best plan is to take advantage of the comprehensive sight-seeing arrangements offered by

THOS. COOK & SON Ltd.

COLOMBO: Lloyd's Building, Prince Street
and 350 Offices



K. A. A.

(TRADE MARK)

THE KANDYAN ART ASSOCIATION, KANDY

(Established 1893)

A visit to Kandy, the beauty spot of Ceylon, would be incomplete without seeing the beautiful examples of Kandy Art Work in our Show Rooms which are 300 yards past the 'Temple of the Tooth,' overlooking the Lake, and five minutes' walk from the Queen's Hotel. The Kandy Museum which is housed in a building erected in 1775 by King Kirtisiri Rajasingha, is also quite close by.

Among the beautiful articles exposed for sale are Trays of moon tone and other old conventional designs, in brass and silver; flower-bowls in brass, silver and copper, on cobra or elephant stands; toilet and table silver in many artistically beautiful designs; hand-woven cloths, Dumbura mats, and Lacquer ware.

KANDYAN WORKMEN ARE FAMOUS FOR THEIR INHERITED SKILL IN CARVING AND METAL WORK.

GRAFTSMEN CAN BE SEEN AT WORK ON THE PREMISES.

Communications may be addressed to the Honorary Secretary,

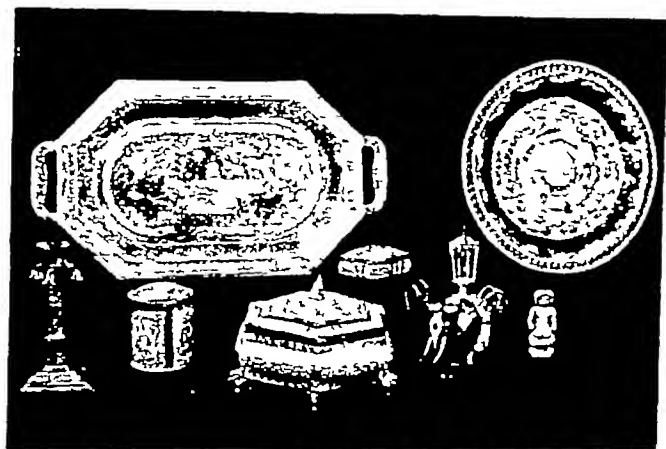
KANDYAN ART ASSOCIATION, KANDY,
CEYLON

Our goods are also on sale at
THE CEYLON COFFAGE INDUSTRIES SOCIETY, LTD.,
GOH BUILDINGS, COLOMBO

**The Kandyan Craftsmen's
Co-operative Society, Ltd.**

Queen's Hotel Premises,

Trincomalie Street, Kandy.



The Largest and
Rarest Collection of

KANDYAN SILVER

BRASS AND COPPER WARE

*Inspection
cordially invited*



D. F. WEERASIRIE & Co.

Under the Most Distinguished Patronage
of
T R H The Duke and Duchess of Connaught
and
Many Other Royalties

Established over 56 years

EXPERT GEM MERCHANTS
MANUFACTURING JEWELLERS
KANDYAN HAND-MADE BRASS
AND SILVER WARE

Antique and Modern Curiosities

QUEEN'S HOTEL

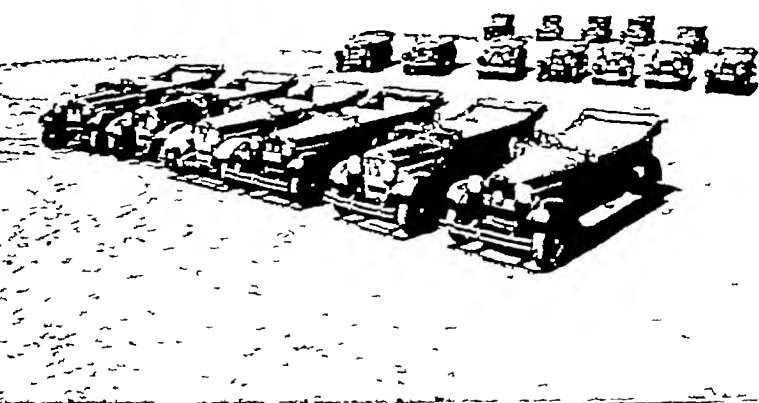
AND

27A WARD STREET, KANDY
(CEYLON)

BOBBY ARNOLDA'S TOURIST AGENCY

All drivers
speak English

THE BEST FLEET OF
HIRING CARS IN THE ISLAND



PART OF BOBBY ARNOLDA'S FLEET OF HUDSON & BUICK CARS

TOURS ARRANGED

Hotel Accommodation Reserved

For Inclusive Rates or for further particulars

Please Phone 629 or write to

Cable Address

BOBBY ARNOLDA

"BOBBY"

79 Pickering's Road, Kotahena, Colombo

NOTES

NOTES

NOTES

NOTES

NOTES

NOTES

NOTES

NOTES

NOTES

NOTES



GUARD STONE RATANAPĀSĀDA ANURADHAPURA

the 8th century A.D., Mahinda II rebuilt the "superb many storeyed Ratanapāsāda," and presented to it a golden image of Buddha. The restoration has been well done and the stonework is very fine indeed. The huge monoliths are a special feature, and the beautiful guard stone, over four feet in height, is a very fine specimen of early carving.

On the Loop of the Outer Circular Road is a beautiful stone canopy restored by Mr. S. M. Burrows, within a few yards of which sits a Buddha. This particular statue is a great favourite of mine. His expression is never the same for two days at a time. From complacent retrospection in the sunset comes almost a Mona Lisa smile as the sunlight plays across his stone features. During the roar of the wet monsoon he gives one the impression that the world is a very hard place for everybody.

At the corner of the Loop is an enormous stone canoe which once contained the rice for the monks' refectory. There is a much finer specimen on the hill of Mihintale.

Where the left-hand branch of the Y-road joins the Outer Circular Road stands a brick ruin in a very dilapidated condition. In this travesty of a tomb are supposed to rest the ashes of the greatest hero of the Lion Race, Duttha Gamini. One's memory